

Appointments

Homoeopathy:

Rapid Remedies:

15 minute consultations for acute complaints

cost £15, including remedies.

Integrated Healing:

The first appointment usually takes up to 1 ½ hours with subsequent ones taking up to 1 hour

Cost: £50 to include any homoeopathic remedies if required

Family rates and home visits available:

Where:

Hawkswood
Homme House
Much Marcle
Ledbury
Herefordshire
HR8 2NJ
Tel: 01531 660203

About Me

- I am a registered Integrated Healing Practitioner and use the IH protocol as my operational framework
- I am a graduate of The Northern College of Homoeopathic Medicine
- I am registered with The Society of Homoeopaths, RSHom
- I have successfully completed two postgraduate courses with Indian Masters; Dr S K Banerjea and Dr A U Ramakrishnan
- I studied Qi Gong and undertook a complementary health tour of China and Mongolia
- I am a registered Health Kinesiology practitioner
- I am a Master Facilitator of The Pacific Institute's positive self image psychology curriculum and a registered psychological strengths coach with CAPP.
- I have over 40 years experience of community and personal development and organisational change.



INTEGRATED HEALING & CLASSICAL HOMOEOPATHY

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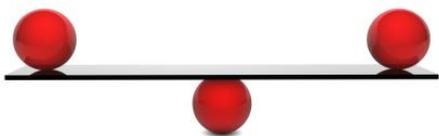
 Registered Member of
The Society of Homeopaths

Restoring Balance

Illness, dis-ease, or imbalance can be mental, emotional or physical and is often a combination of all three, indicating that the vital force is out of balance and needs stimulation to restore itself.

Homoeopathic remedies stimulate the body's own healing mechanism to regain balance, health and well being.

Through **Integrated Healing** balance is achieved by stimulating energetic points enabling the body's own energy system to retune itself. Additional tools such as homoeopathic remedies, essences, magnets, and positive thinking techniques are incorporated into these energy corrections.



When you re-write the “software” of your mind, you can change the print out of your life.

*“All meaningful and lasting change starts first on the inside and works its way out.”
Lou Tice*

Integrated Healing

Integrated Healing is a revolutionary new system that works with the whole being. It combines the best of psychology, NLP, CBT. Life coaching, quantum science, Physiology, Traditional Chinese Medicine and Kinesiology to give a profound yet simple approach.

It is non invasive and combines the testing of muscle responses through the Chinese meridian system to enable clients to address the roots of their stresses, whether mental, emotional or physical.

Following 20 years of research into holistic healing the founders, Mathilda Van Dyk and Nic Oliver train and support practitioners world wide.



“The concept of total well being recognizes that our every thought, word and behaviour affects our greater health and wellness. And we, in turn, are affected not only emotionally but also physically and spiritually.: Greg Anderson

Homoeopathy

Homoeopathy, developed by Dr Samuel Hahnemann, has been a well established system of medicine for over 200 years.

It is based upon the use of homoeopathic remedies working with the “Vital Force” that each of us has within us.

The medicines, called remedies, act upon the whole of the individual, and thereby also upon specific complaints. Homoeopathy is the art and skill of matching the energy of the remedy to that of the person.

They are made from a range of natural and man made substances in such a way that there is none of the original substance left, making them non toxic.



“Looking after my health today gives me a better hope for tomorrow”

“No time for your health today: no health for your time tomorrow.”